



A Peek at the Week!

www.st-hildascofe.n-yorks.sch.uk

Autumn Term 2022



Poppies

Poppies are now available to purchase at school from pupils at the collection point at drop off and pick up times. Please can you ensure you have money with you if you would like to purchase one over the next week.

PE afternoons

Just a reminder that children will have a short PE session each afternoon. If your child's school shoes are not suitable for running/ or you would prefer, please ensure they have their trainers with them each day. They may be left in a bag on their peg.

Art Shirt

Whilst the paints and art materials we use are mainly washable. We would strongly advise all KS2 pupils to bring an art shirt to protect their clothes during art lessons. An old grown-ups T shirt/ shirt/pyjama top would be suitable. If anyone has spares that they wish to donate, we would be very grateful.

Spooky Goings On!

There were some new children (and teachers) by the looks of things on Monday! During our collective worship we explored the origins of Halloween and how this festival has changed over time. We also considered the days in November which are special for Christians with All Saint's Day taking place on November the 1st. All the children agreed that they prefer the current tradition of receiving sweets rather than apples and nuts! Thank you so much for all the bottle donations.

After school club

The Friday before half term, the after school club had a great time designing Halloween jewellery.



This Wednesday after school club will be running a little bit of everything including a Lego building table, craft/colouring and drawing, board games and chrome book table. If you'd like your children to join in the fun then please add them via parentpay.

Flu Immunisation

If have not already done so and wish your child to have the flu immunisation vaccine at school please follow the instructions in the attached letter.

The National Child Measurement Programme (Height and weight checks for children in Reception and Year 6)



Every year in England, school children in Reception (aged 4-5 years) and Year 6 (aged 10-11 years) have their height and weight checked at school as part of the National Child Measurement Programme (NCMP).

Height and weight measurements are used to calculate weight status. This information is collected because it is in the public interest to understand how many children are overweight, healthy weight or underweight and so support and advice can be offered to parents.

The checks are carried out by trained health care providers, and are delivered in a COVID-safe way. Children are measured fully clothed, except for their coats and shoes, in a private space away from other pupils.

NCMP measurements are conducted in a sensitive way, in private and away from other children. Individual results are not shared with your child or their school. The weight and height information is shared only with you in the parent or carer feedback letter. It is your choice if you share the information with your child.

Once the measurements have been carried out, parents/carers get a letter with the results. They may also be contacted by the NCMP staff who will talk through their child's results and offer advice and support.

These measurements will be taking place in our school soon (for those year groups). Please see the attached letter which explains more about it.

If you are worried about your child's weight, please have a look at: <https://www.northyorks.gov.uk/healthy-weight-support-children-young-people-and-families>

If you would like some information about cost saving ideas, free school meals, food banks, financial support etc. please go to: <https://healthyschoolsnorthyorks.org/parents/>

School height and weight measurements

Every year, throughout England, more than a million children in Reception and Year 6 have their height and weight measured at school as part of the National Child Measurement Programme

Parents are notified
Parents receive a letter about measurement day at their child's school. The letter will tell parents how they will receive their child's results.
Over a million children take part each year.

School height & weight checks
Measurements are carried out by trained staff e.g. school nurse assistant. Children take off their coat and shoes for a more accurate measurement.

Parents' result letters
Dear Parent, Here's growth check
Underweight
Healthy weight
Overweight
Very overweight
Most areas send parents a confidential letter about their child's weight status within 6 weeks of measurement.
87% of parents say they find the NCMP feedback helpful.

Parents' action
A parent can speak to their school nurse or GP for further advice and support about their child's weight.
Parents can monitor their child's weight status by visiting the NHS Healthy Weight Calculator.
Parents can visit the 'your child's weight' page at Change4Life for tips on healthier changes.

Data use
The data is held by the local authority and sent to NHS Digital and Public Health England, where it is stored securely and used for analysis.
It builds a picture of how children are growing to help plan better health and leisure services for families.

What we know from the data collected so far

- Most children in Reception and Year 6 are a healthy weight.
- Around one in ten children in Reception is very overweight. This doubles to one in five children by year 6.
- The number of very overweight children in Year 6 is increasing year on year.
- Most children who are overweight in Reception will remain so or become even more overweight for their age by year 6 without action to achieve a healthier weight.

Because many children are overweight, we are all becoming used to seeing heavier children as the norm. It means we cannot always tell when a child is overweight. That is why many parents find it helpful to have an objective measurement of how their child is growing. More than 8 in 10 parents say this information is helpful and they can then make decisions about their child's lifestyle and wellbeing to make changes, or seek support if necessary.

Why achieving a healthy weight is important

When children are a healthy weight, they feel better about themselves. They find it easier to play and learn. And they are more likely to grow up healthy too. Helping them to be a healthier weight when they are a child can set up their health and wellbeing for life.

You can encourage the whole family to enjoy eating healthily and being active which will help your child achieve and maintain a healthier weight. Children who see their parents, grandparents and carers following a healthy and active lifestyle tend to join in and learn by example. These habits become a normal part of everyday life for the whole family.

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For more information on helping your family lead a healthy life, please turn over.



New staff member and New office email

We are really pleased to let you know Mrs Rachel Bell is now Admin Assistant for St Hilda's Primary School. Can we please notify you of the **NEW** email contact for parents for the school office will be the following; sthildascofe@hshafed.co.uk from 31st October.

Attendance Update

Parents are required to provide evidence of all appointments during school time that results in a child's absence due to new government attendance.

Data Capture sheet return

Please can we ask the remaining few parents to return their child's data capture sheet. This information is essential for your child's welfare in the school. Even if no information has changed please can you sign the form and return it so the school as soon as possible so the school is aware that it has the most up to date information regarding contact details in an emergency, permissions, and medical information.

Parentpay

Please can we ask that you check your child's parentpay account so that all payments are up to date.



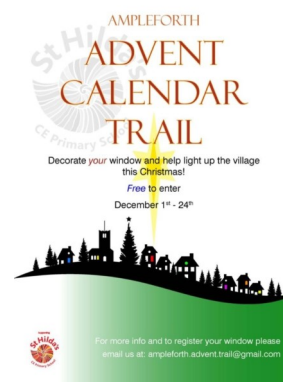
Friends of St Hilda's (PTA)

Friends of St Hilda's did an amazing job organising a village Halloween Party, great fun was had by all both adults and children alike. We would like to say a huge thank you to all involved and their support. The grand total raised from the day was over £380.



This year the school are entering a tree at the Helmsley tree festival decorated in the Twelve Days of Christmas. To those that have offered to create a decoration please be aware the deadline to have these completed is Friday 25th of November. Any one still wanting to get involved there are numbers still available so please inquire at the office if you are interested.

There is also an Advent Calendar Trail being arranged, if you would like any further information or to choose a number of an advent window please get in touch.



DIARY DATES

Date	Event	Notes
Friday 11th November	KS1 Multi skills Event	PE Kit is required.
Friday 11 th November	Remembrance	TBC
Monday 21st November	KS2 Theatre visit Stillington	
Monday 21st November	PTA Meeting	TBC
Tuesday 22 nd November 3.30-4.00pm	Stay & Celebrate	Come in school and celebrate your child's achievements
Thursday 24 th November 3.45-7.00pm	Parents' Evening	Year 2, Year 4, Year 5 and Year 6
Friday 25th November	KS2 swimming gala	Swimming kit required.
7th December	Pantomime visit	
9th December	Childhood Influenza Immunisations	
Week commencing 12 th December	Nativity & Christingle Service	Families are invited to our Nativity & Christingle Service. The date will be confirmed.
Thursday 15 ^h December	Thankful Thursday	Whole School Enhancement Day to celebrate the end of term.
Friday 16th December	PE Visit to Ryedale	PE kit required
	Christmas Holidays	

Prayer Corner

Dear Lord Jesus

You lead by example in serving others

Please help us to serve those around us

In any little way that we can

As we try our best to love, learn, share and respect in your light.

