



## Hovingham & St Hilda's CE (VC) Primary Schools Federation

Headteacher Mr J. Pynn MA NPQH



28<sup>th</sup> June 2021

Dear Parents/Carers,

As a school we are committed to providing all pupils with a programme of Personal, Social, Health, Education (PSHE). As part of the programme we teach aspects of Sex and Relationships Education (SRE). The aim is to ensure pupils learn about the emotional, social and physical aspects of growing up, healthy relationships and keeping themselves safe.

This year we will use the Busy Bodies resource to support the SRE programme. This can be found at [https://www.healthpromotion.ie/health/inner/busy\\_bodies](https://www.healthpromotion.ie/health/inner/busy_bodies).

We will be using the sections:-

- Introduction
- What happens during puberty?
- How boys' bodies grow and develop during puberty
- How girls' bodies grow and develop during puberty and
- Enjoying growing up
- Making Babies (Year 6 only)

These are the aspects covered in our Sex and Relationships Education Policy (available on the school website).

We will be teaching this part of the PSHCE programme to the Y5 and Y6 children on **Thursday 1<sup>st</sup> July**. They will watch the videos together as a group and this will be followed by separate discussion groups for boys and girls (Year 5) and separately 'Making Babies' for Year 6.

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We approach this aspect of the curriculum very sensitively and are aware of how it contributes to pupil's development supporting them to develop healthy relationships, keep themselves safe and having factually correct information and the skills to positively manage the physical and emotional changes that will happen as they grow into hopefully happy, confident and responsible teenagers.

Parents/carers do have the right to withdraw your child(ren) from the PSHE curriculum, but we would ask that you watch the resources and contact Mr Pynn to discuss any concerns.

Please can you complete the permission form by [clicking here](#) by **Wednesday 30<sup>th</sup> June**.

Yours sincerely



James Pynn  
Headteacher

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